

## Learn More

## Contact Us

## Mailing Address

Disabled Sailing Association of  
Alberta  
P.O. Box 36091  
Lakeview Post Office  
Calgary, Alberta  
T3E 7C6



## Phone

Main Office	403-225-8050
Lakeside	403-238-0689
Office / Bookings	(May thru September)

## Website

<http://www.dsaalberta.org>

## Facebook

Group Name: [Disabled Sailing Association - Alberta](#)

**Note:** You must be logged into **Facebook** to properly follow this link!!

A Revenue Canada Registered  
Charity: 139262208 RR0001

## OUR PROGRAMS

Community Partnership programs provide recreational opportunities for Organizations serving disabled children and adults. These programs provide a fun and safe introduction to sailing at our Glenmore Reservoir location in Calgary.

Independent Sailing programs offer anyone that wants to learn to sail - from novice to expert - a low-cost way to develop their sailing skills and experience, for recreation or competition. For those that aspire to hone their competitive sailing skills, DSA Alberta provides opportunities to compete in sailing events and regattas at the local, national and international level. Some of our Members aspire to represent Canada in the Paralympics.

For those that wish, our CYA (Canadian Yachting Association) [Learn-to-Sail classes](#) provide theory instruction, technical skills training, social activity and confidence building in a safe, positive and cooperative learning environment. Classes are offered at all levels and open to anyone (members, families, volunteers).



**HAVE YOU A  
DISABILITY OR  
KNOW SOMEONE  
WHO HAS?**

**READ ON AND SEE  
WHAT THE DISABLED  
SAILING  
ASSOCIATION OF  
ALBERTA CAN OFFER.**

# Mission and Goals

## Mission

Our mission is to advance the sport of accessible sailing by offering programs for leisure and competitive sailing for everyone.

## Our Vision – what we strive for

To become the premier organization in Alberta dedicated to promoting the independence and well-being of disabled and able-bodied persons through the sport of accessible sailing.

## Our Purpose – why we exist

The Disabled Sailing Association of Alberta exists to serve the needs of Albertans with disabilities by providing opportunities and programs that allow:

- Access to and enjoyment of sailing;
- The promoting of independence;
- Safety & Education; and
- Community Inclusiveness

## Our Goals

- To provide sailing opportunities for Albertans regardless of disabilities or age.

- To provide unique, enjoyable experiences for its participants which include opportunities for social, recreational, rehabilitative and competitive activities.
- To build confidence, self-esteem and enhanced independence for people with mobility or other impairments.

## Who do we help?

If you or a loved one is confined to a wheelchair as a result of their condition, is a paraplegic or quadriplegic due to accident or injury or has limited mobility resulting from a stroke then the Disabled Sailing Association may be able to offer the opportunity to participate in the sport of sailing which has long been regarded as a symbol of freedom and independence.

## What do we offer?

We offer a specialized fleet of sail boats consisting of

- Five Martin 16s that are specifically designed for sailors with mobility impairments. The Martin 16 is equipped with many features to prevent it from capsizing while experiencing the joy of sailing.
- Two 23 foot Sonar's specially adapted to make them

accessible by sailors with disabilities

- Four Access Dinghies to use for lessons. These crafts have a sling seat for comfortable side-by-side seating for two. The dinghy is stabilized with a 32 kg (70 lb) lead plus water filled drop centreboard.
- Safety is paramount and every season, our dedicated DSA Alberta staff and over 100 volunteers contribute to the safe operation of our daily programming Our program includes Volunteer Orientation days, a Staff & Volunteer Training Guide covering all aspects of our operations, qualifying Volunteers for Sailing Companion role, and providing "hands-on" training during the season.
- A Hoyer lift is available to assist sailors into and out of our sail boats as required
- A portable Auto helm Windlass System that allows sailors with limited or no hand function to sail independently with either a joystick or with their breath
- Learn to sail programs
- Fun and competitive racing for experienced sailors once they have achieved certain sailing levels